

The Abortion and Breast Cancer Link: Advances in Human Biology and Continued Epidemiologic Studies Increasingly Point to a Link

Breast cancer is the leading cause of cancer death of women worldwide. It has been well-established that carrying a pregnancy to term decreases the risk of breast cancer. Importantly, induced abortion is now a commonly-accepted risk factor for breast cancer. In the four years since the first edition *Complications: Abortion's Impact on Women* was published, a number of new studies from around the world have come out overwhelmingly confirming the link between induced abortion and breast cancer. However, chiefly for political reasons, the link between abortion and breast cancer is denied in North America, despite nineteen out of twenty studies published since 2014 which provide overwhelming evidence. Fifteen of them are statistically significant. Some of the largest studies – from China, India, Bangladesh, South Asia, Mexico and Iraq – show increased risks ranging from 1.3 to 20.44. ¹

Research has revealed that delaying her first full-term pregnancy after age 20 increases breast cancer risk, as her immature, cancer-vulnerable breast tissue is exposed to carcinogens for a longer duration.²

Additionally, there is evidence that induced abortion before 32 weeks gestation independently increases breast cancer risk. Confirmed by several studies, this link is explained by breast physiology.³ After conception, the embryo releases a hormone that causes an increase in estrogen and progesterone, which in turn cause breast cells to multiply. These new breast cells remain immature and cancer-vulnerable until after 32 weeks gestation, when 85 per cent of them mature into non-vulnerable cells.⁴ If a woman obtains an induced abortion before 32 weeks gestation, she retains the multiplied cancer-vulnerable breast tissue, making her more susceptible to breast cancer. Furthermore, the use of instruments such as dilators during an abortion may increase a woman's risk of premature delivery in future births.⁵

Various epidemiological studies confirm the abortion-breast cancer link and meet the Bradford-Hill criteria for establishing causality. In fact, abortion has been documented as the greatest predictor of breast cancer in nine countries.⁶

The effect of abortion on breast cancer risk must be publicized so that women can be fully informed before consenting to abortion.

1. See Ch. 7 of *Complications: Abortion's Impact on Women, Second Edition: Revised and Updated*
2. Clavel-Chapelon F, Gerber M. Reproductive factors and breast cancer risk: do they differ according to age at diagnosis? *Breast Cancer Research and Treatment* 2002 March; 72(2): pp. 107-15.
3. E.g. Dolle JM, Daling JR, White E, et al. Risk factors for triple-negative breast cancer in women under the age of 45 years. *Cancer Epidemiology, Biomarkers and Prevention* 2009 April; 18(4): pp. 1157-66. Naieni KH, Ardalan A, Mahmoodi M, Motevalian A, Yahyapoor Y, Yazdizadeh B. Risk factors of breast cancer in north of Iran: a case-control in Mazandaran province. *Asian Pacific Journal of Cancer Prevention* 2007; 8(3): pp. 395-8.
4. Russo J, Lynch H, Russo IH. Mammary gland architecture as a determining factor in the susceptibility of the human breast to cancer. *The Breast Journal* 2001 September; 7(5): pp. 278-91.
5. Alexander GR. "Appendix B: Prematurity at Birth: Determinants, Consequences, and Geographic Variation." In *Preterm Birth: Causes, Consequences and Prevention*. Ed. Behrman RE, Butler AS. Committee on Understanding Premature Birth and Assuring Healthy Outcomes, Institute of Medicine. Washington, DC: National Academies Press (US), 2007, 616.
6. Carroll P. The breast cancer epidemic: modeling and forecasts based on abortion and other risk factors. *Journal of American Physicians and Surgeons* 2007 September; 12(3): pp. 72-8.